# **Flyers**



# Using Intuition to Test & Balance Your Home

A Two-Hour Seminar with Janet Amare

## A Workshop To Guide You

Clearing your home using insultion means using your natural sensing abilities, as well as some guided energy processes, to balance the influences of natural and man-made energies. Through clearing your home you can bring increased levels of harmony, creativity, and physical wellness to your space.

Janet will share what she has learned in 25 years of testing and balancing homes and work places. She will share some "ghost busting" stories of homes with spiritual "guests" and how your personal healing relaxes to the energies of places where spirits are found, janet will guide you through a mediation data you can use to clear your home and show you some balancing devices to correct energy issues.

## Benefits of Attending:

- Learn to sense energy on four levels; physical, emotional, mental, and spiritual, and to balance natural, man-made and subtle tevels
- and spiritum, and to be mind and emotional signs of balance of the spiritum o
- Understand how and why spirits are attracted to cert spaces and people Take home a meditation that you can use to energy

Thursday, November 12th, 2009
Time, 8:30 - 8:30 gm
Cast of Semain \$25
Location: Breakthrough Centre,
183 Open St., W. Brampton, ON

Call: 905-874-1321 to register or visit www.breakthroughcentre.ca

Janet will efter inshedual, one-on-one channeling apparaturers (3.30.5.30pm), of 3-hour or 1 hours to test the energy in your barre, help you sevelop better relationships, or build your spitual-connection. Cost of readings. \$50 for held frow, \$100 for an hour.

Please join me for a Ladie's T

at my house - with a tu

Maureen Catania and the Women Maureen Catania and the Growth Network have teamed up-you an afternoon of swopping, so ing and tea tasting.

Here's the twist... we're plannin cessories SWOP in support of low Brick House a local women



Janet Amare D.N.M. BSc., REHP, CHi has been a professional healer for the past 25 years. It is known for heal ability to channel the highest entirent between the past schieve their purpose. Janet schieve their purpose. Janet Purpose: A Practical Gailer For Creating A. Life Ton Leve. She towe to help people transform and do their Soul Purpose through engrasion, hypnosis,

Ladies, NEW to the Burlington area

or in transition (see below)

The Burlington Newcomers Club is a non-profit organization run by and for women of all ages who have moved to the area in the last two

You may also be eligible to join if, in the past year, you have experienced a significant change in life circumstances including divorce, widowhood, retirement,

get to know your community while engag-ing in a wide variety of activities such as:

Hiking Badminton Book Clubs Walking Bridge Euch Dinner Socials Lunches Euchre

Join the Burlington Newcomers Club Burlington's



Telephone: 289-208-9183 Email: bnewcomers.club@gmail.com

Bring your costume jewelry, ha scarves, belts and purses that cherish anymore to donate and

rivate Sale by Owner

It's "RAFFLE" Time

Help support the National Newcomers Council of Canada Conference & AGM and win one of our fabulous gifts.

Buy a ticket (or three) and have the chance to

win... over \$1,100 in prizes!

ike place June 6, 2012.

Leather Duffle Bag Value \$480.00 Style up your trip to the gym or weekend getaway with this Jeanne® Lottie brown leather

duffle bag, measures 16.9"L x 8.7"W x 13.8"H. with a 9.8" shoulder strap.

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bangle gleams with sparkling smoky quarts mesh. Bold and beautiful, it has an enchanting appeal that won't go unnoticed.

Value \$420.00

Value \$230.00





Tea

Tasting

Meeting





For every accessory you want home you can swop it for \$1 ceeds will be donated to - Th Brick House (Women's Shell

Supporting a Woman's Shelter

Date: Sunday, June 21st, 2009

Time: 1pm - 4pm

RSV.P. (Space is limited—confirm early)

Call Maureen: 904 841-9841



or email: maureen@learningmeasures.com

Getting ready for the afternoon Ladies Tea -Put on your favourite summer hat, bring Getting ready for the attermoon Ladies Tea-Put on your taxoume summer rat, ornig your favourite lea cup, tea pot (and lea if you want us to taste your favourite lea), all the accessories you can find and lots and lots of loonies and toonies—hick we will even take bills. This event is for ladies only (must be 12 years and older)



## **Postcards**



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Intuitive Coach Doctor of Natural Medicine Author of Soul Purpose Workshop Facilitator

Janet Amare, D.N.M., C.I. is an intuitive coach, natural healer, and expert in regression.

She has developed a powerful system for healing the physical, emotional, mental, and spiritual bodies using Vibrational Medicine, coaching, regression, and intuitive insight.

416-750-4082 janet@janetamare.com

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# Raffle Time

The Burlington Alumni is trying to raise funds for the upcoming conference and annual general meeting. Ask your Executives for tickets.

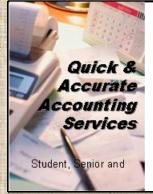
Draws take place June 6, 2012.



Leather Duffle Bag Value \$480.00



Portable Toshiba DVD Value \$230,00



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# **Inserts for Mailers**

Other <u>Options</u> to support us at the **National 2012 Conference and Annual General Meeting of the Burlington Newcomers Club** happening October 12 & 13, 2012.

## **Goodie Bag Inserts**



te and welcome any contribution of for our goodie bags.

oproximately 150 women to attend. sert has some real value for our

## **Door Prizes**

If you would like to donate a do one of our Committee Members call.

We will arrange for pick up last ber or first week in October.

# 1 Tizes



Your contribution(s) will be recognized at our event. Hope you can help make our event more special!

# Welcome Ladies to Burlington!

If...

- You recently moved to Burlington (within the past two years)
- 7
- You have experienced a change in life circumstances in the last year such as: divorce, widowhood, retirement, etc
- You are looking to make new friends, establish a social network, or get to know your new community

## **Join** Burlington Newcomers



and much more.

BURLINGTON'S KE

Activities include:

• Badminton

Bridge
 Socials

- Golf
   Hilder
- HikingWalking
- Book Clubs
  - Euchre
  - Euc

• Lunches

For more information Call: 289-208-9183 or visit

burlingtonnewcomersclub.com

# Boomers at your Service Matching Talent with Need Boomer Match to Business Date: Feb. 22nd, 2011



# **Newsletters - Electronic** and Hardcopy



on You

#### Connect the Dots

To cruly live your magical life it is imperative that your Body, Mind and Soul are in balance. We often devote our focus on one sapect rather than equally on all... hence we are out of balance. When we do this we are not truly recognizing that our Body, Mind and Soul are really one. When we are in total balance we fuel our life. YOU know what needs balancing.

Are you listening to your body and nurruring it the way it needs nurruring! Are you treating your body like your temple or are your treating it like a pain in them. and complaining about all the things that are wrong with it? Are you ignoring it when it cell you it needs rest, or feed-ing it poor fuel and overloading your joints and bones or keeping it motionless and finding that you are full of aches and pains when you finally do move it?

What about your mind! Are you giving it the healing it needs by staying in the present and focusing on your peace and joy or are you dwelling in the past and beating yourself

Spirit. how much time are you giving it? 5 minutes of prayer each day (formal, dialogue or both) and 5 minutes of mediation is a really good start. Or how about spend-ing time in nature each day. Ever noticed how gentle you can become with your thoughts and how peaceful you feel when you are out in nature!

Mistakes are part of our Soul's journey. It is vital that you \*\*ISTACKES\*\* are part of our Soul's journey, It is vital drat; you never try to seek perfection. Your Soul's journey is always about practice, never perfection. Angels are asking that you stop worrying about making mistakes. When you worry about making mistakes they now worry about making mistakes they now worry about making mistakes or ponder on mistakes you have made in life you attract energetically more mistakes. When you focus on your mistakes you can block your creativity.

Ever watched a child begin to walk... they fall and tumble a loc but they keep getting up and eventually after they have learnt their mittakes with balance ex.... they eventually get it. So love yourself to keep trying. Love yourself and let yourself make mittakes. Love yourself to have fun and keep learning.

Do what you can and keep going, mistakes and all!!!





Angel Meisages for Us All

If you are out of balance in one of these areas the Angels encourage you to take this weekend to jump start your balancing. Your balanced Body, Mind and Spirit will lead you instinctively on your wonderful souls journey! CONNECT YOUR DOTS! BODY, MIND AND

Ask your Angels for guidance...and don't forget to thank them...this too is a form of prayer.



www.kazooticals.com

Joint Pain

# Place cards/ Gift tags







Presents "Chalkboard" a newsletter for moms of today's fashionable kids!



## SHOP online at:

Antonietta Morgante is the owner of Mudpies and Duisies and is an expert on today's fashion for kids from infarts to teems. Each issue she will give you the lowdown on what's happening in the industry.

#### Hi Parents

Here's what's Hopping... this spring

Spring of 2012 introduced??? And this colour or tre time throughout the summer.

Watch for designers such as ?? And ?? They will be

introducing new patterns, colours and materials in their sun

Antonietta



SHOP online www.mudpiesdaisies.com - SAVE 15% in April- Cpn

# LOCAL KIDS POSE FOR Mudpies and Daisies

Last month a few local little ones graciously volunteered to model for Mudples and Daisies Children's boutique to profile the spring collection. It was a fun day for all of us, the kids had a great time.

If you are interested in your child modeling for our Fall collection email us at info@mudpi

Photos were taken Danielle Wilson Photography.





## Join the Mudpies Daisies "Birthday"

## Discount Program SIGN UP TODAY!!!!!

We know how special your child's birthday can be and we want to help you celebrate. Simply provide us with your child's name and birth date and receive discounts, freebies and more to celebrate your child's birthday. Email us at:

#### Lake Winds News

DRAFT COPY

**Upcoming Social Events** 

May is filled with wonderful things to do:

The Coffee Club generally meets every other Monday at 10am in the Party Room. May's Coffee dates are May 2nd, May 16th.

Several of our Social Committee members will be there to greet you and ensure the coffee and tea will be hot and ready. So come out for a chin-wag and get to know your neighbors Cost: \$1.00 per person



Movie Nights continue through May. Your Social Committee will be popping popcorn and holding a seat for you.

13th - August Rush A drama with fairy tale elements, where isidal prodigy uses his gift as a clue to finding his birth parents.

27 - Morning Glory a new romantic comedy set in the hilan-

ร ธเฮน at 7:30 pm so be there on time and enjoy the company

We do our best to ensure that the content is wholesome

Hot buttery popcorn is served.

Uncork 'em Drink 'em Give 'em



Donate your empty wine, beer and/ or liquor bottles to support us. Just drop them off in the boxes provided in the recycle room. We'll take them back to the liquor store and use the refund to build our Social Committee fund. Thank you for recycling.

Social Events Coming in June We are planning a Cruise Lunch and Theatre

Watch the bulletin board for details

#### Celebrations in June

Anyone celebrating a Birthday or Anniversary in June?

We don't need to know how many years you are celebrating, just your name and the date of your celebra-tion, that way when we meet you on the eleva-tor or at the mail box we can say...
CONGRATULATIONS!



Your Social Committee Barbara Lovegrove 508 Kathy Campbell 706 Lauraine Cattryse Donna Perry 305

Brenda Turino

903

## **Brochures**

Quick Overview Treed 36' x 150' lot opposition

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#### Soul Purpose Inc.

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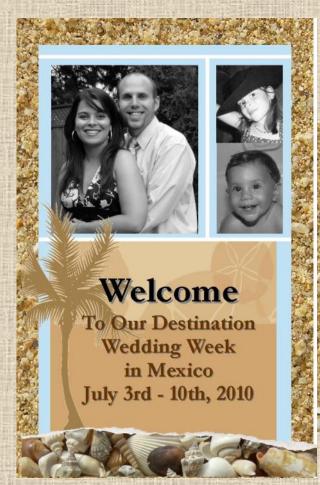
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# Headers





- Encourages
- Empowers
- Enlightens





# **Badges, Menus, Invitations**





